About the Author:



Susan Lynch is an author, the mother of two adult sons, and has spent the past 25 years training, competing, and volunteering with her Golden Retrievers. When her youngest son Kevin died of an accidental overdose in 2015, she wondered if she would ever have peace, and questioned if healing after loss was even possible.

Her award-winning memoir, <u>Life After Kevin</u>, is an inspiring story that speaks openly about how the stigma of overdose impacted her grief, her ongoing connection with Kevin, and what she's learned about living and grieving well.

Susan lives with her husband of 35 years, their Golden Retriever, and recently went off-brand by adding a Beagle to the family. She is often found hiking in the woods of New Hampshire.

Learn more about Susan at www.susan-lynch.com

Use the <u>contact-us</u> page to discuss a speaking engagement at your library, club or group event. Choose from a 1-hour Q&A session *discussing Life After Kevin* or one of her themed signature talks.

Libraries

- Grief Support Groups
- Book Clubs
- Bookstores
- Dog Groups/Clubs

Life After Kevin, is available at Amazon and Barnes&Noble.com.

Susan's Signature Talks

A Team Approach to Puppy Training Teamwork + Relationship= Success

In A Team Approach to Puppy Training participants will learn the importance of having a team mindset when puppy training to create that special bond both in and out of the ring. Susan will share key takeaways from 25+ years of relationships with her Golden Retrievers in pet ownership, competition training, therapy work, and what her dogs taught her after her son Kevin died in 2015. She will show examples of the #1 concept she works on to start a puppy thinking in terms of "us" versus "me". She will also discuss Life with Rune, a free resource she created that earned her the Rachel Page Elliott Featherquest Lifetime Achievement Award, from the Golden Retriever Club of America. This 45-minute presentation includes slides and time for Q&A.

Healing After Loss

This powerful and informative presentation is based on Susan Lynch's award-winning memoir: *Life After Kevin; A Mother's Search for Peace and the Golden Retrievers that Led the Way*. The target audience includes those who want to know what healing after loss looks like, anyone impacted by overdose, dog lovers, and those curious about signs from our deceased loved ones. Participants will discover the unique challenges of grieving a stigmatized loss and walk away with hopeful and helpful takeaways based on the themes of Life After Kevin:

- 1. How the stigma of overdose impacts grief
- 2. The healing role of pets and what they can teach us
- 3. Signs from deceased loved ones and how we can stay connected to them

Attendees will be left inspired and hopeful in knowing that we are capable of healing- even after unimaginable loss. This 1-hour presentation includes slides and time for Q&A.

About the book:

On her way home from a national dog competition, Susan gets the call that her son, Kevin, has died. With a new reality to navigate and no directions, Susan seeks solace in her Golden Retrievers, Manny and Tripp, who demonstrate the power of presence and unconditional love. They journey alongside her as Susan untangles the complicated emotions attached to the stigma of how Kevin died and witness the extraordinary connection she nurtures with him across the veil. This inspiring memoir speaks to anyone learning to live with the unfixable, and readers will discover that life after loss can include hope, peace, and purpose.